

# **The Diabetic Foot** *putting the best foot forward*

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# TARGET



LESS  
OF  
THIS



MORE  
OF  
THIS



# PATHWAY OF CARE FOR THE FOOT IN DIABETES

## STAGE

## CARE NEED



HEALTHY FOOT



SCREENING- early detection of complications and risk factor → early intervention and education. presently done in secondary and primary care but not all stake holders aware.

***NATIONAL DIABETIC FOOT SCREENING PROGRAMME IS NEEDED.***

*REQUIRES MORE SPECIFICALLY DEDICATED, HUMAN RESOURCES ,EQUIPMENT AND SPACE. ONCE IN PLACE PATIENT AND HEALTH CARE PROVIDER AWARENESS CAN BE IMPROVED.*

## PATHWAY OF CARE FOR THE FOOT IN DIABETES

### STAGE

THE 'AT RISK' AND  
'HIGH RISK' FOOT



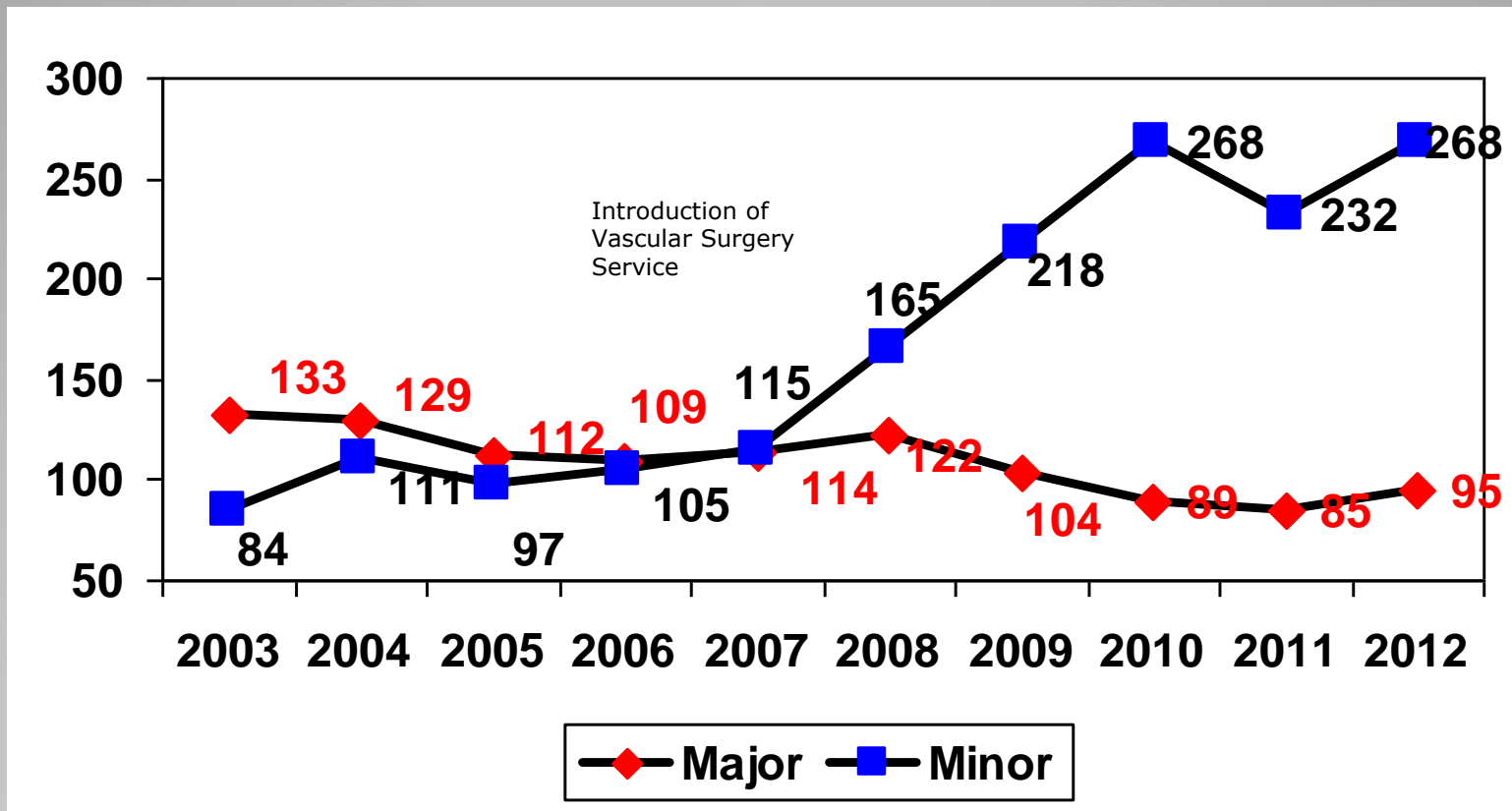
### CARE NEED

REGULAR PREVENTIVE CARE AND  
TIMELY OR IMMEDIATE  
INTERVENTION WHERE NECESSARY.  
Currently available with good liaising  
between professionals who are aware of  
services.

Introduction of joint vascular clinics and  
vascular surgery has lead to  
improvement in limb salvaging.

*Improvements necessary:*

- *Appointments for further investigation.*
- *Budgetary and human resource limitations at OPU.*
- *Investment in a CAD-CAM 3D scanner will reduce timing of orthotic supply significantly.*



# Amputations

## PATHWAY OF CARE FOR THE FOOT IN DIABETES

### STAGE

### CARE NEED

#### THE ULCERATED FOOT



REGULAR PREVENTIVE CARE AND  
TIMELY OR IMMEDIATE  
INTERVENTION.

Currently available with good liaising  
between professionals who are aware  
of services.

*Improvements necessary:*

*•Provision of medications including dressings and antibiotics often  
fraught with red tape and too much paper work. Not clear to  
practitioners what can be supplied.*



*• OPU supplies are crucial at this stage.  
Problems with: timing of delivery and  
site location of OPU not conducive  
to multidisciplinary liaising.*



# PATHWAY OF CARE FOR THE FOOT IN DIABETES

## STAGE

## CARE NEED

### THE AMPUTATED FOOT OR LIMB



REGULAR REVIEW TO MONITOR LIMB STATUS AND PREVENTIVE CARE FOR STUM AND COLLATERAL LIMB.

Services for good after care are currently in place and generally at this stage patients will be aware of quick access pathways to any of health care professions needed.

#### *Improvements needed:*

- *Better psychological after care.*
- *CPD programme for care providers re teaching strategies.*
- *Unit for screening/monitoring amputees.*

**Thank you.**