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## **PRESS RELEASE BY THE OFFICE OF THE SPEAKER**

### ***Speaker Farrugia presides over the Wellbeing Index annual briefing***

In his opening remarks, Speaker Anġlu Farrugia informed those present that, as for the past three years, they have met to receive insights forthcoming from the wellbeing index project.

Speaker Anġlu Farrugia recalled how, back in 2021, studies presented the baseline indicators on subjective wellbeing in Malta, where it was noted then that while the Maltese demonstrated average levels of life-satisfaction, at par with European counterparts, their self-assessed satisfaction with time-use was lower whilst conditions like ill-health and severe material deprivation were clearly related with lower levels of wellbeing defined by any metric, be it life-satisfaction, happiness or anxiety.

Speaker Farrugia continued by saying that later studies were presented with a range of objective indicators and dashboards which also shed light on life in Malta and wellbeing, where it was noted then that the conditions in Malta are indeed conducive to high levels of wellbeing, compared to many other countries in the world, as also demonstrated by Malta's rankings on various scoreboards.

The conference was also addressed by Marie-Louise Coleiro Preca, Chair and Founder of the MFWS, Prof. Carmen Sammut, Mr Matthew Zerafa, Prof. Andrew Azzopardi, Dr Marie Briguglio, Dr Charmaine Portelli and Ms Stephanie Zammit.